

Greater New Lodge CEP Magazine

Greater New Lodge
Community Empowerment Partnership
CEP
Make A Difference Get Involved

Issue 24 February 2006

Ashton Centre, 5 Churchill Street, Belfast BT15 2BP Tel: (028) 9074 2255 email: info@newlodgecep.com

Good Luck To Newington Football Club



In The Irish Cup

Newington Football Club will celebrate the biggest day in their history on Saturday March 4 when they take on Irish Premier League club Larne in the Irish Cup quarter-finals.

The North Belfast Amateur League club has enjoyed its most successful year since it came into existence over 25 years ago, culminating in their remarkable run to the Irish Cup last eight.

Manager Eamonn McCarthy has implemented a highly professional

approach since assuming the first team hot seat at the beginning of last season. McCarthy gained promotion to the Amateur League Premier Division in his first season and the side captured the Border Cup for the first time over the Christmas period.

The club has expanded over the last year with Newington fielding four teams each Saturday. The U18 youth team, managed by JJ Deery, continues to go from strength to strength, while Kevin McVeagh coaches the Strollers, who play in the Belfast & District League.

Newington's reserve team is managed by Conor Crossan and Eddie Casey and the squad is in pole position to win the coveted NFL Division 3A title this season. The 'Ton' couldn't be in better health – and who knows maybe the club will be celebrating an Irish Cup semi-final berth on March 4.

Buses will be leaving from the Corner of the Antrim Road and Cavehill Road on Sat 4th March at 1.30pm Price £3.00 (Children go free but must be accompanied by an adult) and £5.00 in to the match. **WELL DONE** and **GOOD LUCK** to Newington FC from all in the Greater New Lodge CEP.

Community Empowerment Partnership

Community Contact Num-

174 Trust - 9074 7114
An Loiste Uir - 9074 2255
Artillery Youth Centre - 9035 1332
Ashton Centre - 9074 2255
Belfast Safaris - 9022 2925
Bridges Sewing Group - 9074 2255
Bunscoil Mhic Reachtain - 9032 2409
Camberwell Fold - 9096 0552
Cancer Lifeline 9035 1999
CEP Office 9074 2255 / 9020 0900
Carlisle Day Centre - 9023 1227
Community Interface - 9059 0552
Computer Connections - 9032 4633
Corner House Family Centre - 9074 0380
Cumann Cultúrtha Mhic Reachtain - 90749 688
Droichead an Dóchais - 9022 1022
Edmund Rice Primary School - 9035 1206
Employment Outreach - 9020 2440
Glenravel Local History Project - 9020 2100
Greater New Lodge Youth Forum - 9035 1332
Holy Family Primary School - 9035 1023
Holy Family Youth Centre - 9087 5150
Indian Community Centre - 9024 9746
Kinder Kids Day Care - 9074 2255
Newington Residents Association - 9074 0919
New Lodge Arts - 9074 2255
New Lodge Duncairn Community Health Partnership -
90745588
New Lodge Festival - 9074 2255
New Lodge Youth Centre - 9075 1385
New Lodge Area Project - 9075 2069
New Lodge Housing Forum - 9074 2399
North Belfast Family Centre - 9024 7580
North Queen St. Community Centre - 9032 3945
Parkside Community Association - 9080 6303
PIPS Project - 9075 2990
Radical - 9035 1003
Smile SureStart - 9075 6654
Star Of The Sea Primary School - 9035 1478
Star Neighbourhood Centre - 9074 0693
Tar Isteach - 9074 6664/5

Greater New Lodge Community Magazine

Do you have anything you would like to see in the CEP magazine? Have you an event coming up, e.g. award ceremony, training etc. or even the day to day work of your group? Remember the CEP magazine is here for every group in the Greater New Lodge area to promote their activities, events and projects. We are constantly looking for articles for the magazine every month.



You can also arrange for us to attend the event and take some photos. If you require further information, don't hesitate to contact our Communications Worker Leo Morgan on 90742255 or via email at leo@newlodgecep.org

Are you Recycling?

Do you need another black box because of the amount of materials your recycling. You can ring and request additional boxes from Bryson House on 0800 1691 287



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Greater New Lodge Community
Empowerment Partnership

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(top of the New Lodge)

Two per family

Just leave your name and postcode

CEP Bring 'Hold On' Play To North Belfast For First Time Teenagers tell their own story

"Hold On" Play St. Kevin's Hall Tuesday 21st March

Written by Brenda Murphy (in collaboration with the young people from West Belfast) Directed by Pam Brighton

On Tuesday 21st March the Greater New Lodge CEP Health & Well Being Focus Group will be bringing the much acclaimed play 'Hold On' to North Belfast for the first time, the play will take place in St. Kevin's Hall at 10.00am and 7.00pm with discussions afterwards with the cast and audience around the topics raised during the play. There will also be information stalls from the following organisations:

AL-ANON Family Groups
PIPS
Radical
FASA
AA

The play has developed from discussions and writing workshops with a group of West Belfast teenagers. Some of these teenagers have attempted suicide, some of whom are depressed about their future, some of whom have experienced peer pressure in relation to alcohol and drugs and some of whom are hopeful and optimistic.

They've written their stories with humour and honesty. Pam Brighton and Brenda Murphy have been working on a script with this group of young people since June and we hope the picture it presents will help other young people to articulate their problems rather than deal with them in a lonely, depressed and isolated way.

Although the play deals with the issue of suicide, it does it, in such a manner that the young people find something worth living for.

The group won the Camelot Foundations 4Front Award in October 2005 for the project.

Following 5 sell-out performances at The Rock Theatre, BIFHE, Whiterock Road "Hold On" was received with fantastic enthusiasm and warmth by the widely varied audience.

"This was the most powerful and honest piece of youth drama that I have seen" Youth Worker from the New Lodge.

"Absolutely fantastic. Powerful, gripping and very important." Liam Stone, Upper Springfield Development Trust.

"The quality of the performances is extraordinary. I have never seen young people perform with so much enthusiasm and passion" Marie-Louise O'Donnell, The Helix Theatre, Dublin

"Thank you for telling me about the world in which my grand children are living in."

A Grandmother

"This whole experience has made me more confident and articulate. I enjoyed every minute of it" Caoimhe McComb, Cast member.

"This evening has meant so much to us, everyone should see this play". A couple who lost a daughter to a drugs overdose.

"It made me cry, it made me laugh and its honesty has given me so much to think about" Young member of the audience.

"A wonderful, powerful production. Well done to everyone involved" Denise Goodall, The Camelot Foundation, London.

"I think it will make a real impact on young people as it is written by young people themselves. It really speaks to them."

Katrina Newell, Ashton Centre, Belfast

"Hold On"

Who?

Micky, 17

"I've just woken up, it's a new day but it's been good so far I've just ate my breakfast with everyone. So far so good. I start to feel sick because I have to walk to school. I'm now waiting for the bus. Boys from my school arrive, they make me feel nervous. They start to push closer to me and I don't know what is going to happen but something always does..... I have tablets the doctor gave me. I am going to take three, he told me they'd make me feel better."

Wee Mags, 17

"I just wait each day to drink away my problems. I take e's and anything I have. Hoping my problems will go and that some of these days I will never open my eyes again."

John, 19

"I love my mates. I love sitting in my room with them listening to the music. I really didn't want to do drugs but they kept on and on and in the end you know, you just take them."

Grainne, 20

"I wake up depressed, isolated and alienated. Have you ever felt so alone that you haven't got a clue why your actually living? That's how I feel every time I wake up."

The teenagers involved in the production will also be available after each performance to

talk about the issues raised.

What?

A coruscating drama about the lives of young people written and performed by young people.

Where?

Available to schools, theatres, community groups and other venues throughout Ireland.

Why?

With the trend of teenage suicide rising every day in all our communities this play seeks to examine and explore the lives of a group of teenagers in West Belfast with honesty and humour.

**"Hold On" Play
St. Kevin's Hall**

**Tuesday 21st
March 2006**

**Show Times
10.00am
7.00pm**

Free Admission

**For Free Tickets
Contact:**

**CEP Office
Lepper Street**

Fighting Back Against Cancer (CEP Cancer Awareness Day)

On Monday January the 16th 2006, local residents, community workers and a large number of cancer support agencies including Cancer Lifeline (North Belfast) came together at North Queen St. Community Centre (The RECY) to share information and discuss issues around the effects of cancer on individuals and family life. The 'Cancer Awareness Day' was organised by the local CEP as part of an ongoing programme of 'Community Inclusion' events that are aimed at providing information for local residents and increasing their awareness on issues of interest and concern. These 'Community Inclusion' events also provide the opportunity for residents to meet representatives from the public sector and other external agencies in an informal and relaxed way. During the event everyone watched a short but very moving drama by four actors about the everyday realities of living and coping with cancer. Various information stalls and displays were in place providing details on a range of services and support measures that are available to families and people of all ages that can help with the physical and emotional impact of cancer. The Action Cancer Bus was also on site where a number of local women were able to have on the spot check ups. In addition there were separate workshops provided by 'Men to Men' and 'Women's Resource and Development Agency' involving film and discussion about various aspects such as breast, testicular and prostate cancer. Long queues of people formed to have blood pressure and cholesterol tests carried out on them. The event was not exclusive to adults with pupils from 'Little Flower' Girls School also attending. To round off proceedings everyone in attendance was invited to enjoy a 'Healthy Lunch' that involved a delicious menu including a diverse range of food, fruits and juice. The CEP would like to thank and congratulate all of the agencies involved as well as everyone that attended the event. The CEP would also like to remind residents that Cancer Lifeline is a community organisation based in North Belfast. The project was established in October 1999 and is situated in 44 Alliance Avenue (Telephone 90 351999). The aim of Cancer Lifeline is to assist people to access up to date information and advice in order to help them cope with their symptoms and treatments. All RESIDENTS should look out for further upcoming 'Community Inclusion' events, details will be provided in this magazine.



Cancer Awareness Day in the Recy

Cancer Lifeline 90 351 999

YouthBank member to visit Azerbaijan



Eammon Coyle member of the Greater New Lodge YouthBank is to visit the Azerbaijani capital Baku in March of this year to help and set up Youthbanks in this country. Eammon with the help of interpreters is to deliver training to over 40 young people who hope to distribute funds from the central government. The Greater New Lodge Youthbank has been operating for the last 3 years and to date have awarded over £3000 to local youth groups, the group are looking for new members and so are inviting young people who would like to have a say on how money is spent within this area to contact them. Contact Hugo on 90351332



Cancer Lifeline Play 'Living with Cancer'

North Queen St. Park Working Group

In recent times the North Queen St. Play Park has become a place associated in many local people's minds as a part of the district where drinkers gather and where anti-social activity occurs. However based on a consultation with local residents on open spaces and play areas that was carried out by the CEP in conjunction with Community Technical Aid on Thursday May 12th 2005, the Park was identified as an important asset that should be put to better use for the benefit of the community. The report by Community Technical Aid stated that, "The results of the community planning day showed that local people value the North Queen Street Playground but recognise that it requires renovation and repair".

One of the main recommendations coming from the consultation was the idea that the park should be developed as a sports facility. As part of an ongoing process to give ownership of North Queen St. Park back to the people of this community, the CEP have been in negotiation with Belfast City Council who are responsible for the park. As a result of these negotiations City Council are currently considering changes in the park's security arrangements including improvements to fencing and lighting.

However the implementation of security arrangements are regarded by the CEP as only a first step in the process of redevelopment for the park. To discuss matters further a meeting took place in the

North Queen St. Community Centre (The RECY) on Tuesday February 21st. The main purpose of the meeting was to set up a consortium that is representative of residents, sports, youth and community groups. This representative consortium will be responsible for considering how the park can be best developed and to make recommendations for action. There was a very good turn out at the meeting, from youth, community, sports and residents groups. As a result of the meeting a new working groups has been set up. If you are interested in further information on this group contact Leo Morgan or Paul O'Neill at the CEP office in Lepper St, Phone 90-200900. All ideas for the park will be considered and nothing is ruled out.

Advertise In The CEP Magazine



The Greater New Lodge Community Empowerment Partnership is a collective of all community organisations in the greater New Lodge area working for the betterment of the whole area. We are offering all local businesses in the area the chance to advertise in the local community magazine and thus help to make the community magazine bigger, better and a more effective resource for the whole community. We deliver the community magazine to 3500 homes every month in the New Lodge, Newington and Parkside areas with an estimated readership of 9000 people. The readers of our magazine are your potential customers; we have very competitive rates with ads to meet all needs. We want to promote businesses that are committed to this area and its improvement.

If you would like to take this opportunity to advertise in the Greater New Lodge Community Magazine then contact:
 Leo Morgan
 Communications Worker
 Greater New Lodge CEP
 5 Churchill Street
 Belfast, BT15 2BP
 Tel: (028) 9074 2255
 Fax: (028) 9035 1326
 e-mail: leo@newlodgecep.org



North Queen Street Park Working Committee meet in the Recy

Ashton Computer Drop In

- Need access to a computer
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- Search for a job?

Then just Drop In!

Monday 2.30 – 5.00
 Tuesday 2.30 – 5.00
 Wednesday 2.30 – 5.00

Would you like to know how to use the computer with help and support?
 Basic Computer Classes Available
 Phone Donna Torbitt or Cathy Rooney on 90 742255
 Or email donna@ashtoncentre.com

New Lodge Youth Centre Take Part In East Belfast Lantern Parade



"Children and youth workers from New Lodge Youth Centre who took part in the East Belfast Lantern Parade which is organized annually by the Beat Initiative. The children had taken part in lantern making workshops

organized by New Lodge Youth Centre working to the theme of C.S Lewis's 'Narnia'. New Lodge Arts supplied transport to the event funded by the Paul Hamlyn Foundation."

Charity Night

Friday 7th April 2006

Fitzgerald's Bar

All proceeds to Somerton Road Hospice

Price £3.00

See Bridie McKiernan for tickets

West Link Story



Pupils from Edmund Rice primary school and Star of the Sea primary school came together to read 'Land of the Midnight Sun'. New Lodge Arts brought in Storyteller Fra Gunn to work with children from both schools to collate all their ideas and create this story from which art works for the Westlink Walkway will be created.

A total of 58 children have been sharing creative ideas and imaginings for the project and have created a story about a young girl and her brother in 'The land of the Midnight Sun' relating to the myths and legends of six native trees, introducing us to the fairies and taking us on an adventure into the otherworld.

New Lodge Arts will be working with youth and afterschool groups to illustrate this story and with the help of professional artists create murals, mosaics, and sculptures to be placed along the pathway. Groundwork NI will carry out the essential landscaping to the area and with the help of the schools plant bulbs, shrubs and over 30 mature trees around the artwork.

It is hoped that the project should commence in March

If you would like a copy of the story or have any queries and wish to know more about the project contact Clare Lawlor at New Lodge Arts. Tel: 028 9074 2255

Newington/Parkside Community Meeting

There was a large turn out at the Newington Community House last Tuesday evening as dozens of angry residents expressed their anger at the growing anti-social behaviour activity around the Parkside and Limestone area. The meeting was called by local Parkside community worker Joe Doherty, in response to a growing spate of threats against local residents when asking youth to move on from the local area. The meeting was also attended by Belfast City Council representative Caral Ni Chuilin, Kate Clark North Belfast Interface project and Jim Black from the Newington Housing Association.

The meeting was also attended by local young people. The young people were invited to listen and make a valuable contribution to the ongoing situation. Concerns were expressed that youth from other areas were seeing the Limestone Road as a staging area for vandalism and street disturbances. Young people who attended the meeting highlighted that not all youth were involved in such activity and they also expressed the lack of amenities for young people. Many acknowledged some of the blame and promised to urge their friends not to come into the Limestone area if they were going to create problems.

People were adamant that the area was not going to go through another summer of street disturbances at the interface. People were urged to band together and give each other support when challenging those who were gathering on the Limestone to create disturbances. It was also suggested that parents of those involved in the disturbances and anti-social behaviour should take responsibility for their kids. Newington Housing Association committed themselves to help the community in any issues involving derelict housing and unprotected property.

Recy Pen Pals



The Recy after schools club are participating in the Belfast City Councils Peacelines Project.

The project was set up to bring children from both sides of the community together and promote letter writing by

becoming penpals. The children will be writing letters and meeting up with their penpals, with the help of tutors and the Scout Centre. The Councils six north Belfast centres are involved and the Recy has been teamed with Concorde community centre.





Welcome to the New Lodge Duncairn Community Health Partnership update. Each month your local CEP magazine will contain information on our current and planned programmes as well as relevant and helpful healthy living advice. If you have any particular topic you wish us to cover please contact us at the address below.

Eat More Fruit and Vegetables

Healthy eating includes eating *at least* five portions of a variety of fruit or vegetables each day. Fruit and vegetables include fresh, frozen, tinned, or dried varieties, and fruit juice. On average, people who eat lots of 'fruit and veg' tend to be healthier and live longer.

What are the health benefits if I eat enough fruit and vegetables?

- You have a lower chance of developing diseases due to 'furring up' (atheroma) of the blood vessels. For example, less chance of developing angina, a heart attack, peripheral vascular disease, or a stroke.
- You have a lower chance of developing some common cancers, such as bowel cancer and lung cancer.
- Fruit and vegetables also:
 - contain lots of fiber which help to keep your bowels healthy. Problems such as constipation and diverticular disease are less likely to develop.
 - contain plenty of vitamins and minerals, which are needed to keep you healthy.
 - are naturally low in fat.
 - are filling but are low in calories. So, are ideal to keep your weight in control.

One study showed that, for people of the same age, there were about 25% (a quarter) less deaths in those who ate lots of fruit and vegetables compared to those who did not. This was mainly due to a reduction from three common causes of death in western society - heart disease, stroke, and cancer.

How do fruit and vegetables prevent illness?

They are rich in vitamins and minerals which keep the body healthy. They also contain chemicals called 'anti-oxidants', such as carotene, which are thought to protect against damaging chemicals that get into the body. However, the exact way in which they prevent illness is not fully understood.

One portion of fruit or vegetables is roughly equivalent to one of the following

- One large fruit such as an apple, pear, banana, orange, or a large slice of melon or pineapple.
- Two smaller fruits such as plums, kiwis, satsumas, clementines, etc.
- One cup of small fruits such as grapes, strawberries, raspberries, cherries, etc.
- Two large tablespoons of fruit salad, stewed or canned fruit.
- One tablespoon of dried fruit.
- One glass of fresh fruit juice (150ml).
- A normal portion of any vegetable (about two tablespoons)
- One dessert bowl of salad.

Some tips on how to increase fruit and vegetables in your diet

- Try some different types which you have not tried before. The variety of tastes and textures may be surprising. Juices, frozen, canned, and dried varieties all count.
- Try adding chopped bananas, apples, or other fruits to breakfast cereals.
- Aim to include at least two different vegetables with most main meals. Do not over-boil vegetables. Steaming, stir-frying, or lightly boiling are best to retain the nutrients.
- Always offer fruit or fruit juice to accompany meals.
- Try new recipes which include fruit. For example, some curries or stews include fruit such as dried apricots. Have fruit based puddings. Fruit with yoghurt is a common favourite.
- How about cherry tomatoes, carrot sticks, dried apricots, or other fruits as part of packed lunches? A banana sandwich is another idea for lunch.
- Fruit is great for snacks. Encourage children to snack with fruit rather than with sweets

New Lodge Duncairn Community Health Partnership
206 Duncairn Gardens
Belfast
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STREETS AND LANES OF OLD BELFAST PART 1

The Belfast historian George Benn says in his book "Names are sometimes of long continuance. The expression 'Bullers fields' is said to have been in use, or known in 1795, and the origin of the term dates back to the period of the civil wars, when they were really fields or waste ground. They comprised parts of the present York Street, Donegal Street and Talbot Street. Butler's Row is marked on the map of 1792, and shown as branching off from the old Cow Lane. Butler was a well known citizen."

TANNER

Benn does not mention either the christian name or trade of this well known citizen. The only Burgess of Belfast of the name Butler was James, a tanner, elected on the 25th February, 1689, and on his decease his successor was appointed on the 6th February 1702. He seems to have earned his reputation solely by being the owner of the field which bore his name long after his death, as he was not raised to the dignity of sovereign during the thirteen years he was Burgess. His widow, Jane, Daughter of John Brown, Merchant of Carrickfergus married Francis Telford



and the marriage settlement dated 28th May of 1709 states - All those shares or portions of the Governor's Fields or Park, Lately possessed by the said James Butler. All situate on the North Side of Broad Street which said Lands were demised to James Butler, deceased the 24th day of January. 1692.

THE GOVERNOR'S PARK

Butler's Field was 54 acres in extent and formerly was known as "Governor's Park," as may be seen from the parcels of a deed, dated 6th of September 1722- "tenement cellars and houses situate on the North side of Broad Street then in possession of Thomas Banks as executor of Richard Hodgkinson a Brew-house for the benefit of the said Tenants and the half of the 51 acres of land called the Governor's Park and now commonly known as Butlers Field.

The ground bounded by the rear gardens attached to the houses on the North side of Broad or Waring Street, The East Side of North Street and the west side of the back plantation is shown on the

1685 map as undeveloped or waste ground. In the 1715 map it is called 'Bulier's field', which was approached from Broad Street, at it's western end but "Bulier's Entrance" and at its eastern entrance, By "Cow Lean", opposite the present Ulster Bank buildings. Cow Lane led to the fore plantation named "Strand Street", in the 1715 map from which two small streets ran westward - one to the back plantation, the other, further towards the north on the site of the present Great Patrick Street. These two streets are un-named on the 1715 and 1757 maps but are named Green Street and Patrick Street respectively on the 1823 map. Benn says - The Governor and the locality of the 'Parke' are equally unknown."

It must not however, be overlooked that in the leases of the 17th and 18th centuries the words "Field", "Park", "Close" and "Course", are used with the same significance, viz. to denote a portion of vacant or unbuilt on ground in the vicinity of the castle. Thus Buller's Field denotes an unbuilt on field belonging to Buller, and the Governor's Park denotes an unbuilt on field belonging to the Donegall estate. that contention is borne out by the words in the 1722 deed: - "The 5 acres of land called the Governor's park, and now commonly known as Buller's field." In a 1698 lease of a dwelling house in North Street there are the words: - "Extending backwards towards the Governor's Close."

THE "HORSE PARK"

The "Horse Park" was further to the North, as may be seen in the parcels of a lease dated 3rd May 1728: - "Situate in Warren's Plantation bounded on the north by a field belonging to Daniel Mussenden and now in the possession of Joseph Green and on the south by a plot of ground now in the possession of Andrew Watson and by three slate tenements with their gardens now in the possession of James Patterson, Edward Scrubts and Andrew M'Gee; on the east by the sea and extending backwards and bounded by the loaning to the Horse Park or Pointfield containing by estimation three acres." The earliest map on which you can see this plot of ground is that of 1791, which shows the Point Field to the north of New Row (the present Great Patrick Street) and the point loaning leading there from. The Point Fields took their names from the point, a portion of the land jutting out into the channel as shown on the 1791 Map.

POTTHOUSE

The term potthouse may require some explanation. It is a rare and obscure word and it is defined by the Oxford Dictionary as "a house where pottery is made," giving as an instance of its use in the "London Gazette," 1607: - "A very convenient brick house to be let having Potthouse belonging to it and a very fine yard for washing of clay." Sacheverell,

who visited Belfast in 1698, says:- "The new pottery is a pretty curious set-up by Mr Smyth the present Sovereign, and his predecessor, Captain Leathes, a man of great ingenuity." Ten years later, Sir Thomas Molyneux, a distinguished Dublin Physician and fellow of the Royal Society, visited the town in August, 1708, and has left on record :- "Here we saw a very good manufacture of earthenware which comes nearest Delft of any made in Ireland and really is not much short of it. 'Tis very clean and pretty, and universally used in the North and I think not so much moving to a peculiar happiness in their clay but rather to the manner of beating and mixing it up."

POTTERY INDUSTRY

Molyneux does not mention a Potthouse, but in a marriage settlement, dated May 28th 1709 there are the words: - "Portions of the Governor's Fields or Park . . . the Potthouse . . . all situate on the north side of Broad Street." That is confirmed by the words in a deed of March 14th, 1714: - "Part of Buller's Meadow and the Potthouse or old Soaphouse."

The word "old" is there used in the sense "formerly." and the position of the soaphouse, which apparently had been converted into a Potthouse, can be approximately located by Maclanaghan's map of 1715 which shows "Soap Lean" on the eastern side of North Street and running in a South east direction from what appears on the map as "Bachelors Walk."

The omitted letters are due to a defect on the Map, but by adding what probably were the omitted letters, we get "Bachelors walk." A variant of the well known "Lover's Walk."

The Potthouse was still in existence in 1722 and a lease, dated September 6th 1722, refers to "tenements situate on the north side of Broad street . . . the Potthouse now in possession of Thomas Banks as executor of Richard Hodgkinson." But the Pottery seems to have been discontinued about the middle of the 18th century as in a deed of January 13th 1755 there are the words: - "Part of Warring's plantation, containing three acres, Whereon . . . and a Potthouse were formerly built"

The industry was continued towards



the end of the 18th century, and an advertisement in 1702 includes the words: - "pottery, Ballymacarret, near Belfast." position of which it is shown on Williamson's map of 1791 and called "China Manufactory."

Long Kesh Consultation

On January the 19th a consultation event to decide on the future use of the Long Kesh site took place at the Holiday Inn, in Ormeau Avenue. A delegation from Tar Isteach (North Belfast Republican Ex-Prisoner Support Group) attended the meeting. Manager of Tar Isteach, Tommy Quigley said, "Following a process of internal discussion and consultation within the All-Ireland ex-prisoner network one of the main ideas that we have tried to promote is the proposal for a peace park and conflict resolution centre incorporating a museum to be established at the site. Long Kesh is of huge historical and political significance and as we all know many thousands of young men were incarcerated there. Hundreds of families from the New Lodge and Newington like other areas of North Belfast will have abiding memories of Internment Without Trial, the Sentenced Cages and the H Blocks. The struggle for decent conditions, dignity and recognition as political prisoners has been a constant feature in Irish republican prison struggle. Nowhere is this reflected more than in the huge sacrifices made in the 1981 Hunger Strike. Long Kesh is now part of our collective history and memory. We know that everyone will not share our views on this, however while different people will have different and opposing viewpoints on the conflict here surely our collective conscience demands that this site should be preserved. For those who suffered in a range of ways as a result of the conflict, those who negotiated the peace and those that are interested in learning lessons from our situation both in a local and international sense the proposal would symbolise a unique partnership of political, cultural and social healing. The logic of our thinking on this is based on the view that we should all learn from our past experiences. We should build on that knowledge for a future based on equality and justice. A museum on this historic site would be a very powerful educational tool in this regard".

"We estimate that 1 in 8 of the population in the north of Ireland (ex-prisoners, prison staff and their families) have had a strong connection with the site and the museum's development. Through appropriate design and development and wide stakeholder involvement, the process of museum establishment would facilitate dialogue, understanding and healing. All victims/survivors would benefit from the peace park and the consultation process through which this would be designed and implemented. The conflict resolution centre would provide a focus for dialogue, research and education at first, second and third level and benefit organisations and institutions involved in this work. The administrative/meeting facilities for Strands 2 and 3 would provide a symbolic manifestation for the peace process.

The redevelopment work would provide construction jobs and the completed campus would provide potential for a range of employment opportunities.

Income would be generated from visitors to the museum, conference facilities (which should be run on a profit-making basis when not required for government/parliamentary business).

By including ancillary facilities such as restaurants, cafés small general retail outlets further economic activity would be generated. International visitors would contribute to local economic activity through their spending.

With wide consensus through the involvement of a wide range of stakeholders, the campus would provide a hugely symbolic focus for the transition from conflict to peace. As an integrated enterprise with positive outcomes for those who were involved in the conflict,

New buildings (meeting, conference, art-gallery etc) should be thrown open to international competition to ensure the concept and architectural design maximizes the symbolic conflict to peace transition which should underpin the whole campus."



Tar Isteach representatives at the Long Kesh consultation



Aerial view of Long Kesh

Ashton Centre Job Club

Do you live in North Belfast? Are you unemployed or want to return to work?
Aged 16 yrs+? We can offer:

- Careers/Educational Advice
- 1-1 Support
- Advice Benefits/Childcare
- Job Club
- Improving employment skills
- Interviewing techniques, completing applications, CV building etc.
- Essential skills help
- Computer skills

**Now Available
Jobcentre Online
Come In and search
for employment Online**

If you are interested or would like to know more information please contact Claire or Kirsty on 90 74 2255 at the Ashton Centre.

Community Outrage at

The recent announcement by Phoenix Natural Gas on Thursday 19th of January 2006 that its gas prices were to rise by 17%, this is on top of an increase of announced in the autumn has been greeted with anger and alarm by ordinary people everywhere. This second rise in gas prices means an average annual bill will have soared by 52%, or £200, in four months. As people tried to come to terms with this staggering blow, within days NIE also announced a rise in the price of electricity costs.

The rise in prices has been slammed by political and community representative right across the entire spectrum of opinion. It also points to a very serious contradiction in terms of the government's stated objective to get rid of fuel poverty. For example, on 2nd June 2005 it was announced by the Social Development Minister David Hanson, that he had set up the Northern Ireland Fuel Poverty Advisory Group to help in the battle against fuel poverty. In a press release at that time David Hanson said,

"Fuel poverty is one of my top priorities. Northern Ireland has a strong fuel poverty strategy underpinned by a series of programmes to protect vulnerable groups such as older people. The advisory group will be of vital help in meeting the challenging targets set out in our strategy – these are to eradicate fuel poverty for vulnerable people and those who live in social housing by 2010 and for other households by 2016".

Some of the proposed terms of reference of the group, which were set out in the Fuel Poverty Strategy, were as follows:

To take a strategic view of the policies



Heat or Eat



High fuel charges will affect the most vulnerable in our society

and initiatives required to eradicate fuel poverty in Northern Ireland.

To promote the partnership approach that forms the basis of the Fuel Poverty Strategy, across Government Departments and with the public, private and voluntary and community sectors.

To identify barriers to reducing fuel poverty and propose solutions.

Commenting on the price rise local CEP community worker, Paul O'Neill said, "Once again it will be the poor and most vulnerable in society that will bear the brunt of this. Many people are already pushed to the limit often going without proper heating and food as it is. How are these people going to find the extra money to pay for these bills? It is ironic that at a time when we are being told that the rising prices are due to the increased costs of overall energy production that the oil companies are making record profits, for example Shell announced £13 Billion in profits and BP announced £11 Billion this year alone. While we hear much talk about the value of building partnerships between

the government, public, private and community sectors to address issues of poverty and disadvantage, it would appear that when push comes to shove, private profits for big business has priority over the needs of ordinary people. The government is keen to support privatisation and as we all know big business has enormous political influence over government policy. However this has serious social implications and arbitrary price rises by a big company like Phoenix Gas is a blatant example of this. As we await the introduction of water charges next year, and further privatisation of what should be a precious publicly owned resource, there is increasing alarm and fear that those already at the bottom of the economic heap will be squeezed even further. If the government rhetoric about social justice is to have any credibility then they should seriously reconsider their privatisation policies as currently conceived if they wish to avoid the damaging outcomes that will inevitably result. At the very least, the government should effectively intervene with financial support for those that are already finding it difficult to make ends meet".

Gas and Electric Price

Last week CEP members took to the streets of the area to find out the views of local people on the issue of fuel poverty.



Linda Duffy - "I believe that this further price rise will have serious negative affects on the elderly, my mother and father and my mother and father in law have all become very worried about it. It's really a bit of a take on."



Collette Campbell - "I feel very angry about it, it has come as a shock to a lot of people and it will really put people on the poverty line, especially people who rely on benefits and have a low income."



Dennis O'Hagan - "It's a bloody disgrace there is no doubt that the whole area will be affected, there is already people in this community suffering from poverty and this will make it worse."



Tate & Ann O'Halloran - "The gas has become too costly, it started out with this great advertisement drive about how Phoenix Gas was the cheapest and cleanest, I would like to know where the cheap is in it", Ann is a home help and she said that the people she works with have to keep their heating on all day, so she has become very worried about how they are going to pay their gas bills.



Jeannie McAuley - "Sick of companies like Phoenix Gas just imposing what ever they like on the people in the area. Already costs are very high and I have had to go round turning radiators and thermostats down to try and reduce the costs."



Liam Wiggins - "Some people are really having to make a choice between turning on the heating or eating. It's a disgrace

that people in this day and age still have to make choices like that."



Mary Rafferty - "It is a fact, and people like Phoenix should listen, people still nowadays don't have the money to pay for living. People still find it really hard to make it through the day. I am not a gas customer, but I can tell you that oil is just as bad."



Jim "Beefy" Thompson - "It will be a major issue for young parents who have become stretched in all directions like paying for childcare, school costs, electricity and now a big bill from the gas people. It is very unprofessional that they haven't asked the community how they would suffer by rising gas prices."



Corner House Women play at the opening of the 'Making A Difference for Women in the local community' conference in the Waterfront Hall.

**Corner House
Family Centre
Annual
General
Meeting
Wed 22nd March
@ 7.00pm
Everyone
Welcome
90 740 380**

Smile SureStart Reviews Its First Year



Members of the Smile SureStart Management Committee and staff met in Clifton House on 20th January 2006 to review and celebrate its first year, delivering services to Parents and Children under the age of 4 in the New Lodge, Duncairn, Mount Vernon and Waterworks areas.

The Smile SureStart Project has a Family Support & Home Visiting Team, a Childcare Team, a Midwife, Speech & Language Therapist and Health Visitor. A wide and varied programme is available from the office at 204 Duncairn Gardens, Belfast 028 90756654.

The Smile SureStart welcomes enquiries from all parents and carers in our SureStart area.

Praise For Ashton Centre Essential Skills



The Ashton Centre was praised this week for its participation in a community learning initiative. The Community ICT Project helps people develop spelling, reading, writing and maths skills to help them in the use of computers and online learning. The project's aim was to target adult learners in the Greater New Lodge area and provide training to enhance personal development, career and educational progression. Deirdre McGill from the Department for Employment and Learning said "thanks to places like the Ashton Centre, adult literacy was improving steadily. One in four adults in Northern Ireland have literacy and numeracy problems and, to date, the Essential Skills Programme has helped over 25,000 adults to improve their reading, writing and maths skills."

Women's Drumming Group

Monday Evenings 7.00pm

At The HopeLink Centre

Carlisle Circus

Contact Colette for details on 90740380

Free Computer Classes

Do you already have some IT skills? Or maybe you use a computer at work or mess about on your child's at home?

If the answer is yes to any of these questions why not come along to the Carrickhill Community Centre, we are offering you the chance to gain a recognised qualification.

- Basic Computer Classes Friday 10am – 12.00pm
- New CLAIT Tuesday 6.30pm – 8.30pm
- New CLAIT Wednesday 10am – 12.30pm
- ECDL Thurs 6.30pm – 8.30pm

Are you still interested?

If so, contact Brenda or Pauline for further details telephone 028 90231602

Droichead an Dóchais Course Coming Soon

Accredited Course in Indian Head Massage Stress Management Course

For further information contact Irene Sherry Project Manager Droichead an Dóchais 90742255 / 90221022



INDIAN CURRY DAY MARCH 15th 2006

Visit the Indian Community Centre and savor the richness of Indian Cuisine. The variety of Indian food is astounding. India is the ancient melting pot of culture and food and we aim to bring some of this flavour to Northern Ireland. Just like diversity makes India the place it is, the diverse people and their cultures and food have brought richness and depth to Belfast. To celebrate this rich cultural heritage, we are holding an Indian Curry Day in the Indian Community Centre on 15th March and we would like local community groups



and schools to take part in this exciting experience. Please contact us at the ICC if you are interested in coming down on 028 90249746.

Bin Your Gremlins FOR FREE

This course offers the chance to improve your spelling, reading, writing and maths skills (essential skills) through the use of computers and on-line learning.



To find out more, ring the Ashton Centre on 90742255 and ask for Kate Hughes. Free crèche services (limited places).

Education & Training Day At The Ashton Cen-



An Education and Training day was held in the Ashton Centre on Friday 20th January from 10–2.30pm. Representatives from the Belfast Institute BIFHE, the Education Guidance Service for Adults EGSA, the Women's Community Training Project and the Greater New Lodge CEP were in attendance.

Information advice and guidance was on offer to local residents on training and education programmes available to them. Residents could also register for programmes. The day was well attended by the local community. For further information Contact Maureen Hughes on 90 742255.

Section 75

What's It All About?

Will be held in Ardoyne Fleadh Office on Thursday 9th March 10am - 12 noon

Main Speaker Una Gillespie Jointly organised by West Belfast Economic Forum and New Lodge Interface Project.

All Welcome

Contact Mary Ellen Campbell on 90874545 or Kate Clarke on 07793258006 to register.

Looking After Our Elderly Neighbours

Last year the CEP conducted a survey of senior citizens living in the area, the main purpose of the survey was to identify numbers of senior citizens that would be interested in using a community telephone support system that would check in with them each day. As a result of the survey we found widespread support among elderly residents for such a scheme. Since then we have been busy trying to identify how to have the telephone support project funded. Indeed we are currently awaiting the outcome of a funding application, that if successful will allow us to set this project up. However as a community there are many other things that we can do to support our elderly neighbours. It may be as simple as doing one good deed every week or even every month for an elderly or disabled neighbour that you know. Some of the things you could consider can apply to all of your neighbours but especially to those that are elderly, disabled or alone.

Here is a list of things you could do. Checking in to see how they are, particularly if they live on their own. Take in parcels, milk or other items left on their doorstep if they are away. Help them build their fire or check their heating for them. Offer to draw the curtains and put the lights on when they are away. If your elderly neighbour is unwell, ask if they need any shopping or if the dog needs a walk. Encourage them to fit a smoke alarm and locks on their windows and doors (they may need a hand to fit them).

If your neighbour has to go into hospital see if there is anything you can do to help.

Even collecting the post and giving it into them can be a comfort.

Invite them to your house for a cup of tea or if there is a barbeque or social get together you could invite them in, just because they are old it doesn't mean they don't enjoy a bit of craic.

If you are a trusted neighbour they can leave their key with you just in case they ever lock themselves out.

Remember, if you are having a party, let your neighbours know and tell them what time you are planning to finish. (This helps to prevent bad feeling afterwards).

If you enjoy playing music - keep it to a reasonable level - remember not everyone will share your taste in music.



Noisy neighbours ruins people's quality of life. (Think of others when you are making a lot of noise - how would you feel if you had to listen to it). So why are all these things important?

Simple - being a good neighbour is about active and effective community building, without strong community spirit people end up feeling isolated and alone. Many of the activities undertaken by good neighbours help to reduce the opportunity for anti social activity and equally as important, help to reduce the fear factor. Remember without good neighbours you haven't got a good neighbourhood.

**Ashton Community
Trust AGM
Friday 24th of March
2006 @ 10.30am
North Queen Street
Community Centre
(The Recy)**

All Welcome

Housing Executive Letter To Residents Of Upper Long Streets

Shared Community Project

Dear Resident

Following a meeting with the Upper Long Streets Housing Committee on 16/02/06, it was agreed that we would write to all residents and advise of the development timescale for the Upper New Lodge Area.

At present an Economic Appraisal is underway, which we expect to be completed in the early part of March. On receipt of this information, the District Office will commence a series of Public Consultation meetings during March early April, with a view to presenting the preferred way forward to the Board of the Executive in April 2006.



With the Community's endorsement we hope to be in contact with local residents, therefore, during March.

I trust this is of assistance.

Yours sincerely

Sean McKenna
District Manager
 On behalf of the Upper Long Streets Committee.



The idea behind the shared community project came about from the ongoing working relationship between the Star Neighbourhood Centre and Challenge for Youth.

The project is about joint working between a community organisation and a voluntary organisation and it looks at how to work with 'hard to reach young people' who feel marginalised from their community.

This model is set up in stages and it looks at how to engage with young people step by step to try to reintegrate them back into the community where they are using facilities within their own area and also have a sense of belonging in the community.

This project is being piloted for 2 years and hopefully by the end of it there will be a model of working in which every youth organisation can take away and put it to use within their own centre.

There is no main organisation taking a lead in this project it's all about shared working between the two organisations this is a really important message to get across to everyone.

For further information contact Seamus Hamilton on 90 740693

Greater New Lodge CEP Courses

Greater New Lodge CEP are running the following courses in the Ashton Centre:

- Beginners Computer Classes
- CLAIT
- ECDL
- Advanced ECDL
- Introduction to Counselling
- GCSE Math's
- GCSE English
- Sage Accounts
- Conversational Spanish
- Word Processing



Other courses available in the Ashton Centre include NVQ level 2 Childcare and Improving your English and Math's.

We would appreciate any suggestions for new courses you would like run in the area.

We are constantly recruiting for courses. If you would like any information or wish to reserve a place on a course please contact Maureen Hughes on 90 74 2255.

Everyone welcome!

Personal Development Class

Would you like to look at ways of increasing your self esteem and confidence? If so, why not come along to a personal development class. The short course, as well as looking at raising self esteem and confidence, includes dealing with issues such as stress management and assertiveness.

If you are interested, or would like to find out a bit more about the course, contact Cathy or Maureen at the Ashton Centre. Telephone 028 90742255 or email cathy@ashtoncentre.com

Celebrating St. Patrick's Day in Belfast

'SNAKE, RATTLE & ROLL'

The Beat Initiative are producing the 2006 Belfast St. Patrick's Day Carnival Parade

To celebrate St. Patrick's Day, The Beat Initiative is inviting people and groups from across Belfast to join in creating a lively, colourful, celebratory, carnival style parade. The carnival will assemble at City Hall at 12.30pm and parade through the city-centre to Custom House Square, where there will be a full afternoon of music performances on stage. There will be St. Patrick and a giant snake; along with carnival flag dancers, musicians and drummers. You may have seen the multi-coloured carnival flags being used at the Carnival Showcase last summer.

The Beat, and New Lodge Arts, are offering workshops to local groups who want to be in the Parade: to make head-dresses, hand-held props, shakers, wind-socks and other items. There are a limited number of workshops, so contact Katrina at New Lodge Arts if your youth group is interested.

The Beat has also offered to deliver carnival workshops for youth workers, community workers and young people who might be interested in facilitating workshops themselves with their groups so they can take part in the carnival. Again, if you are interested contact Katrina at New Lodge Arts (details below).

There are also worksheets to give ideas and instructions to groups who are running their own workshops. The worksheets have drawings of items to make that will fit in with the overall design of the Parade. Contact New Lodge Arts if you require a worksheet. The Beat Initiative is also inviting young people over 14 to join their Carnival Creations Group and be part of the choreographed flag section. We are also looking for people to carry the giant snake and rehearse performance with it. For further information on the Carnival Creations Group see <http://www.belfastcarnival.org/> or call the Beat on (028) 90 460863.

Katrina: New Lodge Arts, 028 9074 2255



Women's Training Project

Are You A Women Living In North Belfast And Interested In Free Training With Free Childcare Places?
Training Courses Include:
Computer Courses
Word-Processing
Personal Development
Driving Theory
Employment Support
If Your Interested Call Rosey On 028 9074 2255

Promoting Your Group

Are you involved in a community, youth or sports organisation, does your group require publicity materials, the CEP Communications Worker can help with the publicity of your group, presentations, posters, invitations, display banners, calendars, even your own publications. If you would like to learn more about publicising the work of your group contact Leo Morgan on 90 200 900

174 Trust Disability Youth

Don't like the bitter taste of poverty.
A packet of 80 tea bags costs £1.70, yet an Indian farmer earns only 15p

The 174 Youth Disability Project
Are Holding A Fair Trade Day

Please join us for a Coffee Morning
At the 174 Trust on Saturday 11th March
2006 @ 12.00 noon
Come Along & Show Your Support

Bingo At The Recy
Every Friday Night
8.30pm - 10.00pm



Sign Up for Free Text Messaging Service

Job & Training Opportunities
Sent straight to your phone
For further details contact
Cathy Valente on 90351332

Visitors To The Star Neighbourhood Centre



The Star Neighbourhood Centre was visited by the British Irish Inter-parliamentary group, headed up by Lord Dubbs and escorted by May Blood. The visiting group were interested to hear directly from the workers, what it was like working on an interface and the added challenges associated with the uncertainty of funding.

President Launches 174 Trust CR Plan



Bill Shaw with President M McAlleese, Dr M McAlleese and Heather Carey Chairperson of 174 Trust

On Monday 20th February the Irish President Mary McAleese visited the Duncairn Complex on the lower Antrim Road to officially launch the 'Community Relations Strategic Plan: 2006 - 2008 for the 174 Trust.

Director of 174 Trust Bill Shaw said "The 174 Trust is a Christian Community Development organisation committed to 'Building Peace and Promoting Reconciliation' - have been working in the New Lodge area of Belfast for more than 23 years.

Two of our patrons - who themselves epitomize the 'Journey of Reconciliation'

- have gone on record to commend our work:

Rev Dr Ken Newell (former Moderator Presbyterian Church in Ireland). who said "The strategic importance of the 174 Trust is that it represents, in a divided and hurting community, a bridge of true friendship and a river of real hope flowing into the lives of many local people."

Fr Gerry Reynolds (Clonard Monastery, West Belfast) who said "The 174 Trust is a centre of faith and wisdom, of welcome and outreach which brings peace to everyone whose life it touches in the streets of North Belfast and well beyond."

Job Opportunities

Ashton Community Trust in partnership with Lower North Belfast Community Council and North Belfast Employment Centre, is currently seeking to fill two vacancies for support & guidance staff. These are new and challenging roles created to increase employment opportunities for unemployed residents in North Belfast.

Support Workers (based in the Ashton Centre & North Belfast Employment Centre)

The postholders will be expected to develop a wide range of qualitative contacts with employers in the promotion of job placements for clients on paid work through temporary contracts.

Essential Criteria

A minimum of 2 years experience in working with employers in a job placement or job matching capacity
Ability to market services to a commercial audience

Be able to demonstrate experience / knowledge of employability issues / working with unemployed adults in a vocational training, education, job placement or community setting and have good knowledge of recruitment and selection procedures.

Salary: £ 19,304 per annum plus 7% E'er Pension. Contract duration 2.5 years.

Application forms and further information are available in writing enclosing 64 pence A4 SAE to Terence Wells at the Ashton Centre, 15 Churchill street, Belfast BT15 2BP or e-mailing him at (terry@ashtoncentre.com)

Closing date for applications is Friday, 10th March 2006, 12.00 Noon

**Greater New
Lodge CEP
90 742 255
90 200 900**

Smile SureStart

North Queen Street
Community Centre
Parent & Toddler Group
Invite you to a free beauty
morning
On Tuesday 7th March
10am – 12 noon

Make-up Demos
Hand Massage
Facials
Childcare Available

Look Forward To Seeing
You All There
Tel: 028 9075 6654

Good Ideas Wanted

Start-up in Business with help from The Prince's Trust

Would you like to set your own goals, be your own boss or turn your dream into reality?

The Prince's Trust Business Programme offers funding and aftercare support to unemployed 18-30 year olds who wish to set up in business but don't know how to go about it or can't raise the finance elsewhere.

Funding – Test Marketing/ Research Grant of up to £250, Start Up Loan of up to £5000 and, in special circumstances, a Start Up Grant of up to £1500

Aftercare support – Business Mentor, business action plan, marketing materials, 1 page website hosting, specialist advice and support.

For more information call Claire Kelly on 9074 5454 or 9075 8118 or visit www.princes-trust.org.uk to see what else we do. Further information to follow in future editions of the CEP magazine.

PIPS Support Group Take Part In Art Workshops



Members of the PIPS Support Group who are involved in arts workshops through Droichead an Dóchais and New Lodge Arts.

The group began the arts project in December and meet each Monday morning at the new PIPS offices on Duncairn Gardens. So far they have designed and made Christmas cards that were distributed at the Tree of Lights event in December and have completed a mosaic to be installed in their new premises. The group have now moved on to photography and creative writing. PIPS (Public Initiative to Prevent Suicide and Self-harm)

aims to save lives and support those affected by suicide and self harm through increasing awareness around issues of suicide and self harm with a view to reducing the stigma of suicide and encouraging people to seek help. They can also provide information about places that offer help and training

If you would like further information on PIPS contact Jo Murphy on 028 9075 5070 or visit their website www.pipsproject.com.

The arts project is funded by Community Relations Council.

New IT Tutor @ The Ashton Centre



CEP Education Worker Maureen Hughes Welcomes Donna Torbitt

Donna Torbitt from the New Lodge has recently been appointed as the new Information Technology Tutor at the Ashton Centre. Donna joined the Lower Antrim Road Women's Group in 1999 where she completed the "Women Moving on Course". From there she completed CLAIT, ECDL, Diploma in Information Technology courses to mention but a few at the Ashton Centre. In 2004 Donna Completed the JEB Information Technology Teaching Diploma, which was funded by the Ashton Centre. Since then Donna has worked as a freelance tutor at the Ashton Centre teaching beginners computer classes. Donna took up the position of Information Technology Tutor on 1st of February 2006.

New Developments For Mature Adults Senior Citizens

As you may be aware from previous articles in the CEP magazine the New Lodge Housing Forum reported on a number of new developments in the area coming online within the next year. These developments are specifically for mature adults / senior citizens, consisting of two bedrooms. These developments will be built in the following locations: Henry Place, Halisdays Road and the old Celtic Club site.

The Housing Associations who are building these new accommodations

have asked the Housing Forum to inform all residents who would like to be considered for this type of accommodation, and to assist any mature adult / senior citizen in getting the appropriate forms filled in.

If any one would be interested in being consider for these developments contact the New Lodge Housing Office on 90742399 or call into 23 New Lodge Road.

ECM Scheme for Carlisle Brusslee & Pinker-

As most residents from the Carlisle, Bruslee and Pinkerton area will be aware there is a current improvement scheme being carried out in your area, including the fitting of double glazing widows and other work. The New Lodge Housing Forum have been contacted by a number of residents as to what work will be done to their home. The Housing Forum has a full break down of work to be carried out for each individual house showing exactly what will be done. You can view these by calling into 23 New Lodge Road. 90742399

Gerry Storey Honoured By The President of Ireland



President and Doctor McAleese with Gerry Storey and members of his family

Wednesday 18th of January 2006 saw the visit of President Mary McAleese and Dr Martin McAleese to North Queen St. Community Centre (The Recy) to honour one of the New Lodge Road's most famous sons, Gerry Storey. The visit followed Gerry's recent success in becoming the winner of the prestigious 'Laureus Academy Award for World Sport'. Not only was Gerry the first ever Irishman to win the Laureus award but it was the first time ever the award was given to anyone in the field of boxing. The Laureus Award ceremony took place in Portugal in 2005 and was hosted by world famous actors, Morgan Freeman and Cuba Gooding Junior. Gerry was presented the award by former Middle Weight Champion of the World, the marvellous Marvin Hagler and Ireland's own World Feather Weight Champion, Barry McGuigan. President McAleese praised Gerry for his outstanding contribution to sport and to society in general. The Holy Family Boxing Club is internationally renowned for its huge success in producing champions.

Speaking alongside the President, Gerry said, "Even during the worst times of the troubles boxers from all sides of the community trained and fought out of the Holy Family Club. I know that through the efforts of this club and because of its all-inclusive ethos we have helped better the lives of many young people. By having this award bestowed upon me I feel that it is not only a personal tribute but is also a tribute to the club and to the people of this entire district". During the ceremony Gerry was accompanied by his proud family. Gerry's son Sam Storey who was also an outstanding champion boxer, said, " We are all extremely proud today, not only is he our father but he is also our best friend." Gerry would like to remind all the young people of the Greater New Lodge and beyond that the Holy Family is always open to new members and everyone is welcome. From the Greater New Lodge CEP we would just like to say Well Done Gerry and Thanks for Everything.

Emergency First Aid Foundation Certificate in Food Hygiene

For More information contact Maureen or Cathy on 9074 2255

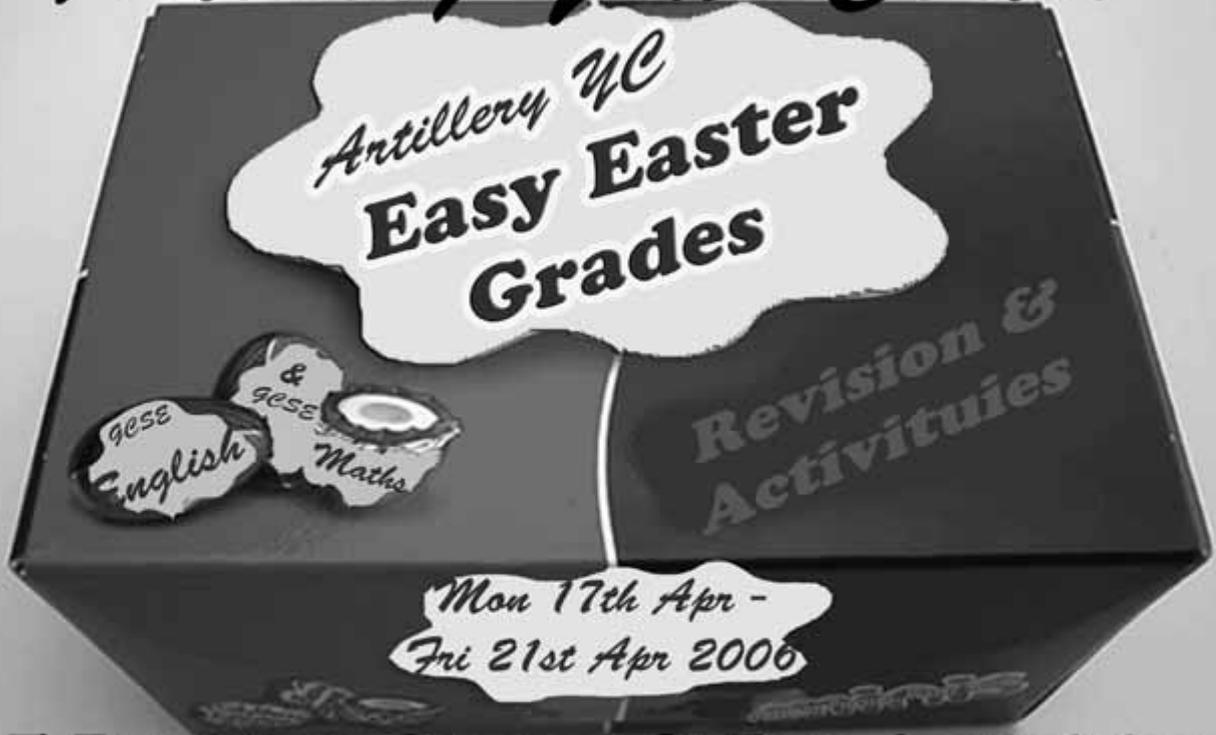
New Counselling Qualification

The following people have recently completed the OCN Level 1 Introduction to Counselling course at the Ashton Centre. The course was provided by Belfast Institute of Further & Higher Education. The course tutor was Marian Jones.

Marguerite McCallen
Julie Adams
Theresa McKee
Mary Taylor
Anne Marie Mooney
Chrissy Armstrong
Ellen Murray
Peter Cunningham
Lisa Marie Clarke



Artillery Youth Centre



GCSE Revision Classes & Fun Activities @ Youth/Community Centres in This Area

During the Easter School Holidays - For More Info Call 90351332

Midnight Street Soccer

DEVELOPING SPORT, DEVELOPING COMMUNITIES, DEVELOPING PEOPLE

5-A-SIDE CHAMPIONSHIP

A National 5-A-side Football Competition for 14 to 17 year olds

BEGINS SATURDAY 18th MARCH @

**Avoniel Leisure Centre
Crogagh Community Centre
Paisley Park
Waterworks Sports Facility
Whiterock Leisure Centre**

ENTER A TEAM AT YOUR LOCAL FACILITY & QUALIFY FOR THE FINALS @ THE 'JJB SOCCERDOME', DUNDALK

For more information call: 07961980494 or
Email: info @midnightstreetsoccer.com.
www.midnightstreetsoccer.com

**Are you unemployed?
Do you need the CSR**

card? If Yes

**Contact Kirsty or Clare
at the Ashton Centre**

on 90 742255

“Hold On” Play St. Kevin’s Hall

Tuesday 21st March 2006

Show Times 10.00am & 7.00pm

Free Admission

For Free Tickets Contact:
CEP Office Lepper Street